

# May 2020



St Kentigern's, Caldbeck



St Mary's, Sebergham



St Kentigern's, Castle Sowerby



Holy Trinity, Rosley



St Hilda's, Westward



St James's, Welton

## Warnell Parishes

# CHURCH STAFF AND CONTACTS

**Priest-in-Charge:** Rev. Eileen Reid  
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**Reader:** Mr Geoff Hine  
Chapel Howe, Sebergham, CA5 7DY  
Tel: 016974 76308 email: p.hine999@btinternet.com

## CALDBECK - St Kentigern's

|                      |                            |  |
|----------------------|----------------------------|--|
| <b>Churchwardens</b> | Mr. A. Grieve, Mr R Brough |  |
| <b>Treasurer</b>     | Mr Ian Shaw                |  |
| <b>Secretary</b>     | Mrs C Pearson              | 016974 78114<br>email: philipandchristine1@hotmail.co.uk |

## CASTLE SOWERBY - St Kentigern's

|                     |                        |              |
|---------------------|------------------------|--------------|
| <b>Churchwarden</b> | Mr Richard Little      |              |
| <b>Treasurer</b>    | Mrs Carolyn Ashbridge  |              |
| <b>Secretary</b>    | Mrs Valerie Richardson | 016974 78432 |

## SEBERGHAM - St Mary's

|                      |                                |              |
|----------------------|--------------------------------|--------------|
| <b>Churchwardens</b> | Mrs E A Luck, Mr R F de Robeck |              |
| <b>Treasurer</b>     | Mrs Tracey Wetherell           |              |
| <b>Secretary</b>     | Mrs Jenny de Robeck            | 016974 76349 |

## ROSLEY - Holy Trinity

|                      |                                  |              |
|----------------------|----------------------------------|--------------|
| <b>Churchwardens</b> | Mrs J Harper-Tarr, Mr J Atkinson |              |
| <b>Treasurer</b>     | Mrs A Burgess                    |              |
| <b>Secretary</b>     | Mrs C Scott                      | 01228 712245 |

## WESTWARD - St Hilda's

|                     |                       |              |
|---------------------|-----------------------|--------------|
| <b>Churchwarden</b> | Mrs Mary Little       | 016973 42668 |
| <b>Treasurer</b>    | Mrs Rebecca Brockbank |              |
| <b>Secretary</b>    | Mrs Rebecca Brockbank | 016973 42794 |

## WELTON - St James's

|                  |                     |              |
|------------------|---------------------|--------------|
| <b>Organist</b>  | Mrs L Gash          | 016974 76337 |
| <b>Treasurer</b> | Mrs Pamela Mitchell | 016974 76500 |

*Eileen writes*

Dear friends,

We are living in very strange times. None of us have been through anything like it before. Who knows what life will be like when we come out the other side? One thing I am certain of is that God is with us in all that is going on and he will be with us afterwards. In a time of crisis we very often realise that we need God more than ever. I pray that is true for every one of us today and that we don't put him to one side when the storm has passed by.

We have just celebrated Easter, albeit in totally different ways than we ever have. Our church buildings may be closed but we are still church. I know that some of you joined with me on Good Friday and spent an hour at the cross, reading from the Bible and praying or sitting in silence. Did you join the Sing Resurrection on Easter Sunday? I spoke to one parishioner who told me that, through the medium of radio and television, she'd been blessed by both the Archbishop of Canterbury and the Pope on Easter Day. Thank you to the BBC.

It is great that we are all able to worship at the same time even if we are in isolation. During this crisis I will be uploading to the web site each Saturday a mini service comprising of a well-known hymn and the 3 readings which have been set for the day. I would ask that you use them at 10.00 on a Sunday morning, interspersing the readings with prayer or silence. You might like to do so in your house, or in your garden, wherever you feel is right. If you don't have access to the internet but would like to join in with this worship, then please ring me and I'll be happy to give you the information. Knowing that others are worshipping at the same time should help us to stay connected, even when we cannot meet.

We have had a plea from the local foodbanks for more donations. If you would like to make a contribution, but cannot take foodstuffs to the church porch in Caldbeck yourself, then please contact me and I will arrange for them to be collected from your doorstep and taken to Wigton.

With all best wishes. Keep safe.

*Eileen*

[warnellparishes.org.uk](http://warnellparishes.org.uk)

This is our new website!

If you are reading this then you have already logged onto the site, which is great.

New items will be added to the site each Saturday, and if you have anything which you feel would be appropriate content then please contact Rev Eileen to suggest it.

It is not intended as a resource to replace the Parish magazine, as we appreciate that not everyone is able to access the internet. However, it is another way to communicate with all our parishes, so please help to spread the word that it is on the web.

Thank you



Over the Easter week-end Bishop Emma, the suffragen Bishop of Penrith, made a special video for the festival.

This is still available on line if you missed it and it can be found at:

<https://www.youtube.com/watch?v=whTEXqJPsw4>

This PDF version of the magazine, accessible via the church website, has been created for the period when the printers are closed, during the COVID 19 outbreak. We intend re-suming normal service once the lock down is over and the printer re-opens.

Clearly the magazine is not as it usually is, full of events and reports, but we would like to continue being a source of information and interest to everyone in the community. Thank you to everyone who has helped to fill this issue with stories, poems and interesting articles

We would welcome contributions from anyone living in the Warnell Parishes area, that might amuse or inform our readers. If you would like to write something about how you are spending the lockdown period, or send in a puzzle, or illustration we could use (remember copyright!), then we will try and include as many items as possible in the next on-line edition. The magazine email is:  
[warnellmagazine@gmail.com](mailto:warnellmagazine@gmail.com)

Thank you

## **From the Registers:**

### **Funerals**

Mary Isabel Murphy at St. Hilda's, Westward on Monday 6<sup>th</sup> April 2020

**Please note that the Northern Fells information starts on page 32**



## **Food Bank**

Thank you to everyone who has donated to the Food Bank over the last few years, by placing foodstuffs in the box in St. Kentigern's church at Caldbeck. These have been going to Carlisle Food Bank and have been greatly appreciated.

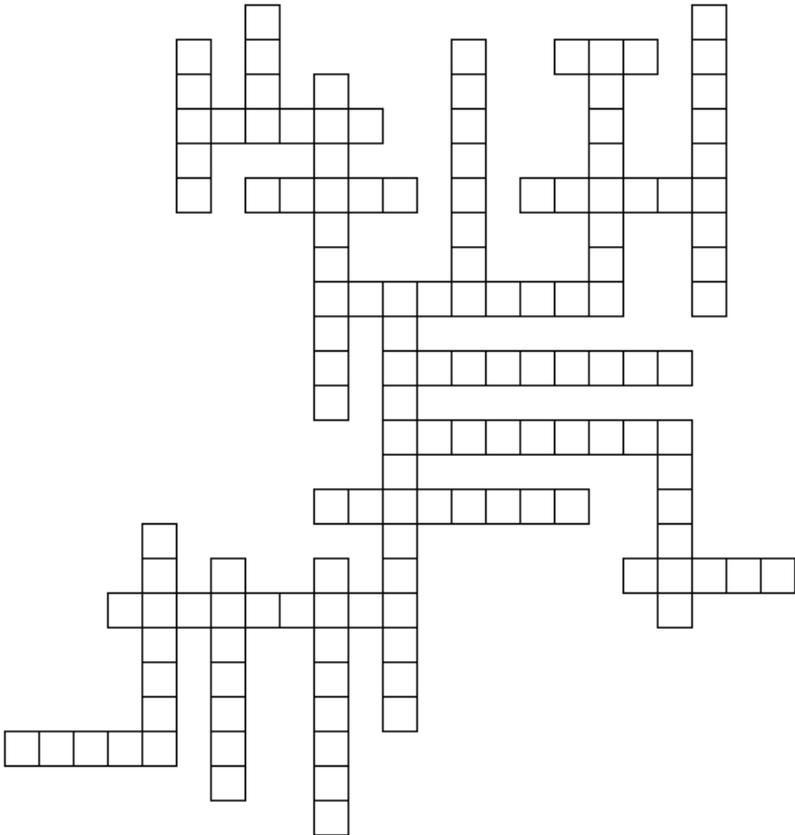
Under the current restrictions it is no longer possible to take foodstuffs to Carlisle but donations of foodstuffs may still be left in the box which is in the church porch. These will be taken to the Food Bank warehouse at Cockermouth, by someone local who volunteers there.

In these difficult times it is even more important that we help those in need.

If you would prefer to give money, this can be done by bank transfer. Please contact Susan Beale for details: [susan.lowrow@gmail.com](mailto:susan.lowrow@gmail.com) or tel. 016974-78353

Many thanks for your support.

# Warnell Parishes Word Fit Puzzle



- Caldbeck
- CastleSowerby
- community
- Eileen
- Fairtrade
- families
- farms
- fellowship
- fells
- friends
- Geoff
- landscapes
- magazine
- NFG
- Players
- pubs
- Rosley
- Sebergham
- shops
- societies
- Welton
- Westward

Solution on page 28



A Prayer for the nation in the midst of the  
COVID 19 pandemic

Loving God, as your Son healed the sick  
And brought good news to the needy  
Be with us this day.

Loving Jesus as you taught us to  
'Do unto others as you would have them do to you'  
Be with all the medical staff this day.

Loving spirit, your gift is healing,  
Bring your healing fire to our homes, our hospitals  
and our country,  
But most of all, be with us this day.

**Amen**



## **Bell Ringing**

### **St. Kentigern's Church, Caldbeck**

Caldbeck Parochial Church Council is inviting expressions of interest from local people who might like to be part of a small bell ringing team, of between 6-9 people.

There are only 3 bells involved and the aim is to ring those bells in a co-ordinated 1 – 2 – 3 sequence. This is *not* change ringing! The intention is to ring on specific occasions, such as weddings, special services and so on. The minimum age requirement is 12-years and upwards.

In view of the current Coronavirus (COVID-19) issues, we cannot make a start on this scheme, but at this stage anyone interested in becoming involved should either email me at

[ian-shaw.waitrose.com](mailto:ian-shaw.waitrose.com) or telephone 016974 78639.

Once the present issues are resolved, we can take matters forward, show you the ropes (literally!) and we can see if it suits you.

Ian Shaw

A special message to all the staff who work at the Caldbeck Surgery and in our shops; Kirkland Store, Caldbeck and the Village Shop at Hesket Newmarket

Thank you so much to each one of you, for all that you are doing in these strange and challenging circumstances. Your extra hard work and commitment are incredible.

We do appreciate all your efforts in keeping people in the area supplied with medications, advice, post office services and shopping. As the COVID 19 outbreak has developed you have had to change and adapt your service, to suit the current situation. Thanks to your ingenuity and determination people are receiving what they need.

Our communities are so fortunate to have these facilities close by, but it is the people providing the services that make all the difference. "Thank you" seems an inadequate response, but it is sincerely expressed by everyone who is benefitting from all your hard work.

Keep safe yourselves and please find some time in your busy day for some relaxation!

(written by a resident.)

*Caldbeck & District Local History Society*

**Coronavirus**

## **2020 Programme Suspended**

We hope to resume the same programme at a later date

Meanwhile for your reading at home we are offering

### ***Caldbeck – A Special Part of Lakeland***

A book on local history by Tony Vaux

Now available at the special price of £9

(reduced from £15)

*Proceeds will go for local youth work*

To order a copy call Sally or Tony Vaux on 016974 78626 or  
email [vauxt@aol.com](mailto:vauxt@aol.com)

Dear Residents of Castle Sowerby

I hope we are managing to get the message out to everyone in the Parish that Northern Fells Group is here to help. We have been overwhelmed by the response for local volunteers and are so very grateful to those of you we have already used to assist us in keeping people safe, well and happy. As your Village Agent I have always been impressed at the strength of our community and it is that, (along with a little bit of help from your friends), which will get us through this difficult and challenging time.

Our updates are sent out regularly and if you know of anyone who is not on the internet please let me know, so we can get printed information to them. If you would like to receive them yourself please let me have your email address and I will add you to the distribution list. We are happy to help with shopping and prescriptions etc. So please don't go without the things you need. I know a lot of you have been running a regular 'Phone a Friend' scheme and that is so very important to keep in touch with each other.

Keep well, Stay safe and please ask if you need any assistance, however small it seems.

Best wishes to you all

Philippa Groves

NFG Village Agent for Castle Sowerby & Mungrisdale 016974 78555  
[philippa.groves@northernfellsgroup.org.uk](mailto:philippa.groves@northernfellsgroup.org.uk)





Are you a sewing bee? Do you want to help those on the front line?

There are lots of comments on the internet about making scrubs and masks etc for the NHS, but there are particular specifications for these, which can make them a bit tricky.

There is an alternative, which anyone who has a sewing machine could rustle up easily and quickly from an everyday item in the linen cupboard..... a pillow case!

People who work in the NHS, care homes and other services, need to wash scrubs, clothing and masks once they have been used in a COVID 19 context. The safest and easiest way of doing this is to carefully place all the items into a drawstring bag and put it straight into the washing machine.

Local hospitals, care homes and surgeries would probably be grateful for them, but just check before embarking on a production line!

If you would like to help make some bags then just follow this link:

<https://www.youtube.com/watch?v=UcAQvugSHmg>

## FARM WORD WHEEL

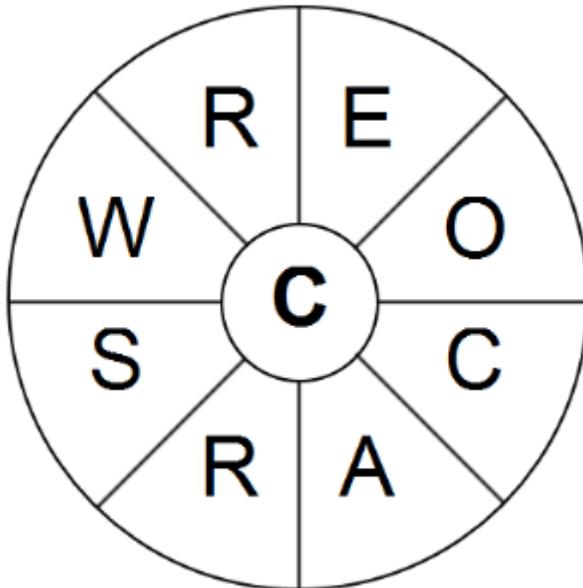


This farm themed word wheel is made from a 9 letter word. Try and find this 9 letter word and then make as many words of any length that you can from these letters.

You can only use each letter once in each word, (unless it occurs more than once in the long word) and each word must include the letter C.

Send your list to: [warnellmagazine@gmail.com](mailto:warnellmagazine@gmail.com) by 15 May, and you might win the prize for finding the most words.

Good luck!



Try our Sudoku (easy apparently!)

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 9 | 4 | 1 | 2 | 5 | 6 | 7 | 3 |
|   |   | 1 |   |   |   | 5 |   |   |
|   | 5 |   | 8 | 3 | 7 |   | 4 |   |
|   | 4 | 3 | 6 | 8 | 1 | 7 | 5 |   |
| 1 | 7 | 6 | 3 | 5 | 2 | 9 | 8 | 4 |
|   | 8 |   | 9 |   | 4 |   | 6 |   |
| 4 |   | 9 |   | 6 |   | 2 |   | 7 |
|   |   |   |   | 1 |   |   |   |   |
|   |   |   |   | 4 |   |   |   |   |

Solution on page 29

## Gals in Isolation

I'm normally a social girl  
I love to meet my mates  
But lately with the virus here  
We can't go out the gates.

You see, we are the 'oldies' now  
We need to stay inside  
If they haven't seen us for a while  
They'll think we've upped and died.

They'll never know the things we did  
Before we got this old  
There wasn't any Facebook  
So not everything was told.

We may seem sweet old ladies  
Who would never be uncouth  
But we grew up in the 60s -  
If you only knew the truth!

Then we settled down, got married  
And turned into someone's mum,  
Somebody's wife, then nana,  
Who on earth did we become?

We didn't mind the change of pace  
Because our lives were full  
But to bury us before we're dead  
Is like a red rag to a bull!

So here you find me stuck inside  
For 4 weeks, maybe more.  
I finally found myself again  
Then I had to close the door!

It didn't really bother me  
I'd while away an hour  
I'd bake for all the family  
But I've got no blinkin' flour!

Now Netflix is just wonderful  
I like a gutsy thriller  
I'm swooning over Idris  
Or some random sexy killer.

At least I've got a stash of food  
For when I'm being idle  
There's crisps and goodies, even gin  
If I'm feeling suicidal!

So let's all drink to lockdown  
To recovery and health  
And hope this awful virus  
Doesn't decimate our wealth!

We'll all get through the crisis  
And be back to join our mates  
Just hoping I'm not far too wide  
To fit through my garden gates!

(with thanks to an unknown source in Canada!)

## Ideas for Isolation

..... with many thanks to Diane Rushworth for her suggestions.

I've been asked to pass this on — it will be teaching Granny to suck eggs for many, so apologies. Some of it I have been doing for a long time, but using Facebook to full advantage is something I have only recently been nudged into doing by, of course, the younger generations (definitely plural). And realise what I have been missing. If anyone is missing exercise classes, it's all there!

I am getting a lot of links passed on re 'culture'.

I get regular info from major museums and art galleries, having signed up to their newsletters, who all now have amazing stuff online. You can wander round the National Gallery, browse favourite painters, kids' activities at the Tate, etc etc. ArtUK (started as BBC Paintings) has ALL publicly owned oil paintings and is rapidly adding sculpture and works on paper. Masses of practical tips, too, to get one drawing/painting again.

But there are also links to 'live' theatre. The RSC has filmed Shakespeare plays coming up on BBC4 (including their brilliant Hugh Quarshie's *Othello*), so I think it will be plays already released on film and DVD. The Royal Opera House has started a series of 3 ballets and 3 operas on Fridays on their Facebook page at 7.00 p.m. One can catch up afterwards. Others are following suit.

For kids (and everyone! it's a great book!): *I Believe in Unicorns* - [theatrealibi.co.uk](http://theatrealibi.co.uk) (my grandkids could not go to the theatre, so had theatre at home!) [Filmedonstage.com](http://Filmedonstage.com) - has free musicals, plays etc.

The British Library has all George III's maps and engravings online. Loads of Cumberland stuff, and world maps including the kind with sea-monsters and mermaids... The National Library of Scotland has English 1st edition 6" OS maps — a great way to look at one's own patch. This even has details of garden layouts, which is not there on the next edition.

More is being added all the time: fortnightly lectures by a wide range of art historians authors, antiques specialists, and they have linked with Exhibition on Screen — the first 90 minute film being different ways the Easter story has been depicted.

As always, ask one's kids or grandkids to talk one through how to do things when stuck!

I am very aware that not everyone has internet access and 'smart' equipment — but I've just talked my mother (mid 90s) through using Freeview on her TV to get radio. I don't have a DAB radio so this is how I can listen to Radio4Extra.

And one can fill most of the day via all Freeview TV channels — which leaves little time for reading what one has never got round to, addictive jigsaws etc etc. I have a friend who is making great strides learning to play her son's long abandoned school recorder as part of her daily routine!

I know a lot of this is going to be very old news — but I am hoping I will get more ideas from other contributors! Just need the time! And no, I don't have Netflix or Sky...

Keep clapping and banging pot lids at 8 on Thursdays! Arm exercise!

Diane

## CALDBECK PARISH COUNCIL NEWS

Given coronavirus restrictions and the prohibition on public meetings, the **Parish Council has progressed its business through 'virtual' meetings** using Zoom. The public meeting scheduled for 23 March was cancelled and Parish Councillors held a 'virtual' informal meeting on 26 March to try the technology and discuss planning applications which required responses. Having pilot tested the arrangements, the Parish Council agreed to hold a formal 'virtual' meeting on 6 April, and gave the necessary notice via the Notice Boards, Facebook and the Parish Council's website. Parishioners were invited although in the event no one joined the meeting from their homes. We will see how things develop but it may well be that the Annual Parish Meetings, scheduled for 18 May, will be held virtually.

Mike Johnson, our County Councillor and acting Leader at Allerdale Borough Council, joined the meeting. He cautioned that in light of **coronavirus** priorities, there would be **implications for Local Council services**. With shortages of collection crews, Allerdale had suspended garden waste collections in order to ensure household waste collection services would be protected. It was likely that there would be delays in progressing the transfer of Caldbeck public toilets which were closed because of coronavirus. A meeting to finalise the purchase and siting of additional waste bins across the Parish would have to wait for coronavirus restrictions to be lifted. Similarly County Council, Highways were providing an emergency service and programmed work would be delayed.

National Park services were also much reduced, with many staff furloughed. Hence **planning applications** may take longer, including obtaining answers to Parish Council questions. The long awaited **purchase of surplus National Park land**, including Heskett Newmarket green and the various village car parks, has still to be confirmed. The Parish Council is expecting to take legal advice on the 'common land' status of the car parks but will only proceed when the National Park has confirmed its intention to progress the sale.

Whilst following coronavirus restrictions, Parish Councillors are continuing to **survey local street lights** to determine which lights should be retained. They are also recording and photographing **Highways defects**, reporting findings on HIMS. **Grass cutting** of the village greens is underway for this year, with Mark Binney, our contractor, having undertaken a coronavirus risk assessment and the Parish Council having approved the control measures being taken.

Holding a meeting on 6 April meant that the financial records for the year were complete. The Parish Council had a **surplus of £4,900 last year**, in part because the £1,900 grant from Allerdale for affordable housing has not yet been spent and there was no drawing on contingencies in the year. The Parish Council agreed to set up earmarked reserves for the Allerdale grant, £2,100 for likely legal costs in relation to the National Park land purchase and footpath advice, £500 as an additional payment to the Northern Fells Group given the extra coronavirus generated activity being undertaken to support the community, and £200 towards future repairs to the John Peel Shelter.

For further information, please contact Simon Smith:

Email: [caldbeckparishclerk@gmail.com](mailto:caldbeckparishclerk@gmail.com). Telephone: 016973 71008

Website: <http://www.caldbeck.org.uk/parish-council/>

## ROSLEY CHURCH NEWS

### **Thank you very much**

- To all of our village agents and Northern Fells for keeping us informed and supporting us in so many ways,
- To all volunteers in our community. Where would we be without you?
- To our local shops for keeping us supplied,
- To all in The National Health Service and all other key workers.

### **Songs of Praise**

We now hope to hold this service as a service of thanks and celebration for all six parishes when all this is over. The hymns will be from a selection chosen by the local community. Singing hymns has the power to connect people, stir the emotions and raise the spirits so if you have a favourite let us know. Even better, if your favourite sparks a particular memory perhaps you would like to share that. Let us hope we can set a date in the near future and hopefully there will also be tea and cake!

### **Garden Gadabout**

Again, who knows when this can take place? I'm sure our gardens will all have had plenty of attention and will be looking fabulous at present with no-one but ourselves to see them. However, at least we have gardens or are surrounded by beautiful countryside, unlike many during this time. Green spaces and flowers gladden our hearts and I'm sure we have all been uplifted by the golden displays of daffodils as we take our exercise around the parish.

### **Events**

Hopefully we will be back to normal for:

September 27<sup>th</sup> Harvest Lunch in Rosley Hall

October 14<sup>th</sup> Pie Peas and talk by Peter Burgess

December 5<sup>th</sup> Christmas Supper and Sing.

These events are for all the wider community and you are warmly welcome to attend

## Get in touch

If you have any future news for Rosley and Curthwaite or would like to nominate a hymn please contact me

Christine Scott PCC secretary.

01228712245

Greenhead Cottage

East Curthwaite CA7 8BJ [chrisscott@hotmail.co.uk](mailto:chrisscott@hotmail.co.uk)



### **ROSLEY PRE-SCHOOL BUSY BEES**

We are currently closed due to the COVID-19 situation.

However, we welcome any enquiries you may have about places for your child from September 2020.

Please contact via email: [busybees.rosley@hotmail.co.uk](mailto:busybees.rosley@hotmail.co.uk) for a prospectus and information.

We also have a facebook page where you can see the wonderful learning activities we provide.

We look forward to hearing from you, thank you, from Busy Bees staff team

On the following pages there are two weather reports, compiled as ever by Richard de Robeck, from Sebergham. We are very grateful to Richard for recording and reporting our weather each month. It is always interesting to see how a month compares with the same month the previous year and to see the highs and lows of temperature, rainfall and windiness.

Thank you Richard.

## Sebergham Weather Recordings February 2020.



### Rainfall.

#### February 2020

Aggregate for year.

296.40 mm (11.67 ins)

#### February 2019

Aggregate for year.

409.90 mm (16.14 ins)

070.60 mm (02.78 ins)

112.50 mm (04.43 ins)

### Notes.

Our **February** rainfall was the most rain we have recorded in a single month since our records started here in 1965. Our **average** rainfall for February is **127.26 mm (04.22 ins)** Our previous **wettest** February over the last twenty years was in **2002** recording **227.10 mm (8.94 ins)** Our **driest** February over the last twenty years was in **2009** recording **20.10 mm (0.79 ins)** Our rain **high day** for February was Sunday 9<sup>th</sup> recording **039.90 mm (1.57 ins)**. We recorded rainfall on **22 days** in the month and storm Ciara hit Cumbria on Saturday 8<sup>th</sup> and deposited **071.70 mm (2.82 ins)** over two days. We recorded hail on Monday 3<sup>rd</sup>, sleet on Tuesday 28<sup>th</sup> & Friday 29<sup>th</sup>. We recorded lying snow on 2 days, Thursday 13<sup>th</sup> & Monday 24<sup>th</sup>. An interesting month for rainfall statistics.

### February temperatures 2020.

Average maximum day temperature

08.23°C (46.81°F)

Average minimum night temperature

02.30°C (36.14°F)

Warmest day Sunday 9<sup>th</sup> February

11.70°C (53.06°F)

Coldest night Friday 7<sup>th</sup> February

- 01.20°C (28.22°F)

### February temperatures 2019.

Average maximum day temperature

09.72°C (49.50°F)

Average minimum night temperature

03.00°C (37.41°F)

Warmest day Tuesday 26<sup>th</sup> February

11.00°C (61.88°F)

Coolest nights Friday 1<sup>st</sup> & Saturday 2<sup>nd</sup> February - 05.00°C (23.00°F)



### Notes.

Overall February was a relatively warm month and we only recorded 3 days of slight frost to give us 25 days when frost was recorded since last October. Our February **daytime** temperature this year was above our ten year average for the month of **07.41°C (45.35°F)** and our **night time** February temperature was also above our ten year average for the month of **01.99°C (35.58°F)** Our coolest February over the last 10 years was in **2018** recording the month's night time temperature at an average of **00.43°C (-31.23°F)** By contrast our warmest February over the last 10 years was last year, 2019, recording the month's average day temperature at **09.72°C (49.5 0°F)**. We recorded thunder on Sunday 9<sup>th</sup> and Saturday 22<sup>nd</sup> February.

### Wind.

February was a month with high wind strengths similar to January. Our monthly average wind speed for February was 6.3 mph and we had high winds on 24 days during the month. We recorded a high of **55 mph** on Monday 10<sup>th</sup> from the **SSE** at 22.30 hrs. We recorded gales on 6 days during the month. The dominant wind

# Sebergham Weather Recordings

## March 2020.



### Rainfall.

#### March 2020

Aggregate for year.

093.20 mm (03.67 ins)

503.10 mm (19.81 ins)

#### March 2019

Aggregate for year.

178.10 mm (07.69 ins)

290.60 mm (11.44 ins)

### Notes.

Our **average** rainfall for March is **073.67 mm (02.90 ins)** so we are only a little above our average for the month. Our **wettest** March over the last twenty years was in **2019** (last year) recording **178.10 mm (07.69 ins)** Our **driest** March over the last twenty years was in **2012** recording **023.10 mm (0.79 ins)** Our rain **high day** for March was Monday 9<sup>th</sup> recording **013.97 mm (0.57 ins)**. We recorded rainfall on **12 days** in the month. We recorded lying snow on 4 days, Sunday 1<sup>st</sup>, Monday 2<sup>nd</sup>, Wednesday 11<sup>th</sup> & Thursday 12<sup>th</sup>. After the wettest February ever recorded here March was much more normal and from Wednesday 18<sup>th</sup> to the end of the month (14 days) we recorded no rainfall or precipitation. It is interesting to observe that last year March was our wettest month and this year February is likely to be our wettest month. However we will wait in anticipation to see what happens later this year and in the first 3 months of 2021!

### March temperatures 2020.

Average maximum day temperature

09.97°c (49.95°f)

Average minimum night temperature

02.26°c (36.07°f)

Warmest day Thursday 26<sup>th</sup> March

17.30°c (63.14°f)

Coldest night Thursday 5<sup>th</sup> March

- 01.60°c (29.12°f)



### March temperatures 2019.

Average maximum day temperature

10.19°c (50.34°f)

Average minimum night temperature

03.47°c (38.25°f)

Warmest day Wednesday 20<sup>th</sup> March

14.40°c (57.92°f)

Coollest night Sunday 31<sup>st</sup> March

- 00.80°c (30.56°f)

### Notes.

Overall March was a relatively warm month and we only recorded 5 days of slight frost to give us 30 days when frost was recorded since last October. Our March **daytime** temperature this year was above our ten year average for the month of **09.26°c (48.68°f)** and our **night time** March temperature was also above our ten year average for the month of **02.08°c (35.74°f)** Our coolest March over the last 10 years was in **2013** recording the month's night time temperature at an average of **01.55°c (29.22°f)** By contrast our warmest March over the last 10 years was in 2012 recording the month's average day temperature at **12.57°c (54.63°f)**. We recorded no thunder.

### Wind.

March was a month with high wind strengths similar to January and February. Our monthly average wind speed for March was 3.9 mph and we had high winds on 13 days during the month. We recorded a high of **37 mph** on Thursday 12<sup>th</sup> from the **ESE** at 17.00 hrs. We recorded gales on 4 days during the month. The dominant wind direction for the month was from the **ESE**. similar to last month.

## **The Coronavirus and the Black Death**

**By Tony Vaux, local historian and author of *Caldbeck – A Special Part of Lakeland***

The Coronavirus will probably kill far less than 1% of us. Although we have no direct records of the Black Death in Caldbeck it is likely that a third of the people died, as they did throughout Europe, in outbreaks during the fourteenth century.

The Black Death killed indiscriminately without regard to social rank and religion. Unlike the Coronavirus it did not discriminate by age. There seemed to be no moral logic to it at all. People lost not only their relatives, friends and neighbours but also their concept of a divine order reflected in church and state. How could God strike down the righteous as well as the sinners and affect the clergy as much as the lay people? Why did prayer seem so ineffective? Was the Devil as active as God? Were spells and witches to blame? The Black Death led to a long period of religious confusion and conflict. Over the following centuries the clergy had to give up the claim to exclusive access to God and allow the bible to be translated into English so that ordinary people could read it. In general, poorer people gained status and freedoms that they had lost after the Norman Conquest.

The most immediate effect of the Black Death was a shortage of labour caused by the loss of young people of working age. The amount of land and number of livestock remained the same but there were far fewer people to work. This gave greater bargaining power to those who survived. They could no longer be forced to toil for a pittance on farms and estates. The feudal system faltered and gradually disappeared. Workers were better paid, freed from forced labour and less likely to be evicted from their homes.

In some parts of the country there were violent demonstrations and rebellions but in Caldbeck there are no records of violence. The transition may have been smoother because the hill farms were largely run (as they were until the nineteenth century) by families using their own labour and employing live-in servants who shared the life of the family.

After the Black Death people may have asked themselves- ‘Did we value our workers in the past and reward them properly?’ Today we see that the most dedicated people in our society are among the most cruelly affected by the Coronavirus, especially health and care staff ‘on the front line’. We wonder whether our society has valued and rewarded them properly. We may find ourselves asking the same questions as the people who lived here in Caldbeck nearly seven centuries ago and perhaps the changes in society will follow a similar trend.

Eggs available!

Trays of eggs can be bought from June Kitchen,  
Clea Green, Westward.

Eggs will be available in th shed on the lonning,  
and there is a honesty box, so you do not need to  
come into contact with anyone.

Thank you!



Solution to Sudoku on page 15

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 9 | 4 | 1 | 2 | 5 | 6 | 7 | 3 |
| 7 | 3 | 1 | 4 | 9 | 6 | 5 | 2 | 8 |
| 6 | 5 | 2 | 8 | 3 | 7 | 1 | 4 | 9 |
| 9 | 4 | 3 | 6 | 8 | 1 | 7 | 5 | 2 |
| 1 | 7 | 6 | 3 | 5 | 2 | 9 | 8 | 4 |
| 2 | 8 | 5 | 9 | 7 | 4 | 3 | 6 | 1 |
| 4 | 1 | 9 | 5 | 6 | 8 | 2 | 3 | 7 |
| 5 | 2 | 8 | 7 | 1 | 3 | 4 | 9 | 6 |
| 3 | 6 | 7 | 2 | 4 | 9 | 8 | 1 | 5 |

Acknowledgement for puzzle:



## **The Whole Story**

By Brindley Hallam Dennis

Uncle Fred was notorious in our family. His one un-forgiven crime was that he had fled to America to make his fortune, shortly after his father died. The crime was not that he had failed to make the fortune, nor that he had chosen America, nor even that he had fled. It was leaving his younger brother, my father, to look after their two sisters, and widowed mother. My father, at the time, was still at school, and only thirteen. This was before the days of Social Services and the Welfare State.

The story was told so often that I developed an unreasoning dislike of Uncle Fred, though I had never met him. Like the bogey man he lurked in my subconscious but never appeared. We never received so much as a postcard, and no Christmas cards were sent either. In those days a transatlantic phone call would have been prohibitively expensive.

Then one day it was announced that he and his 'new' wife, would be visiting for a cup of tea. What was more, they were moving, imminently back to the town and we would be seeing much more of them.

When Uncle Fred and Sophie arrived, I treated him with distant civility. I was surprised to find him a chirpy little man, with a stereotypically fat, jolly wife, who fussed over him incessantly. She fussed over his chair, plumping and pummelling its cushions until he was comfortable. She fussed over the tea cup, to which the precisely correct amount of milk had to be added, before the tea. She fussed over the cup of tea, testing it for temperature before allowing him to press his lips against

it. “Fred is very delicate”, she told us, fussing over the amount of light falling onto him through the sitting-room window from the afternoon sun.

What surprised me most of all was that neither of them had the slightest trace of an American accent. Feeling resentful towards Fred, for his abandonment of my grandmother, whom I never met on account of her early demise, and for curtailing of my dad’s education, I was churlish and uncommunicative. There was no way I was going to give him the satisfaction of hearing me enquire about his life across the pond.

Poor Fred, who was only a few years older than my dad, took after his mother when it came to dying, and popped off soon after that visit. My dad lived for another decade, and at his funeral a slim man with a Hitler moustache and a comb-over, accompanied by two equally slim and middle aged looking teenagers appeared. “Who are they?”, I asked my mother. “They’re your Uncle Fred’s grandchildren, and his son. They’re your cousins”, she hissed.

None of them had American accents either, and this time I wanted to find out why. It turned out Fred’s American adventure had lasted barely two years. Throughout my childhood he had been living less than twenty miles away.

## Northern Fells Group Information

### **NFG CONTACTS**

[www.northernfellsgroup.org.uk](http://www.northernfellsgroup.org.uk)

NFG Millhouse office, Diane Barraclough:

016974 78094

MINIBUS (for those without their own transport)

Carol+Antoinette: 016974 78787

LEND A HAND Simon: 016974 77196

MEDICAL LOAN Simon: 016974 77196

BENEFITS HELP

Dianne Bowes: 07564 368011

CARLISLE BUS Helen: 016974 78556

Northern Fells Group



Action through Community

### Contacts for Village Agents

**Mungrisdale & Castle Sowerby—Philippa Groves 016974 78555**

**[philippa.groves@northernfellsgroup.org.uk](mailto:philippa.groves@northernfellsgroup.org.uk)**

**Westward & Rosley—Barbara Stoddart 016973 42452**

**[barbara.stoddart@northernfellsgroup.org.uk](mailto:barbara.stoddart@northernfellsgroup.org.uk)**

**Caldbeck, Sebergham & Welton—Helen Sturges 016974 78556**

**[helen.sturges@northernfellsgroup.org.uk](mailto:helen.sturges@northernfellsgroup.org.uk)**

**Ireby, Uldale & Boltons—Gillian Skillicorn 07874 241604**

**[gillian.skillicorn@northernfellsgroup.org.uk](mailto:gillian.skillicorn@northernfellsgroup.org.uk)**



## Services in response to Covid-19 offered by Northern Fells Group

As you will be aware, all of our “social” activities, including Men in Sheds, have been postponed until the situation changes. The Northern Fells Group however, launched its response to Covid-19 on March 16<sup>th</sup> with a recruitment drive for local younger volunteers and an active invitation for the community to contact us for help and assistance.

The number of volunteers has steadily risen since then, with 137 new volunteers signing up for Lend a Hand assists, in addition to the 34 already registered, making a total of 171 individuals who can offer assistance to older vulnerable people - many of whom we are already working with - and to families self-isolating. Many thanks and welcome to our new volunteers!

Simon is currently co-ordinating volunteering activities, along with the Village Agents in the area offering:

- Picking up shopping
- Posting mail
- Collecting prescriptions or medicines
- Delivering locally cooked take-out meals
- Dog walking
- Support on delivering takeout meals or shopping for local small businesses

The Village Agents are also co-ordinating a “Phone a Friend” telephone tree, ensuring that our most vulnerable community residents receive a phone call every 3 days to check that they are OK. This is working very successfully.

We are continuing to issue information bulletins every 3 days to our users through our email network and on our website: [www.northernfellsgroup.org.uk](http://www.northernfellsgroup.org.uk), (and in hard copy if requested) - providing information about

- Local services e.g. which pubs and cafes can deliver takeout meals or whether the shops are doing order and delivery
- Up to date Public Health and County Council information about the virus
- Information about other NFG services including benefits support and transport
- Activities to do at home to stay healthy and be creative!

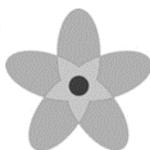
If you require information or support please contact your Village Agent or Simon at

[simon.braithwaite@northernfellsgroup.org.uk](mailto:simon.braithwaite@northernfellsgroup.org.uk) or on 016974 77196

Northern Fells Group



Action through Community



Dementia  
Friends

An Alzheimer's Society initiative

**DAA** Dementia  
Action Alliance

## ***EVENTS CANCELLED***

### **Become a Dementia Friend**

*Help us create a Dementia Friendly Community*

Due to the COVID-19 pandemic, we have had to cancel all our Dementia Friends events we had planned during Dementia Action Week in May (as previously advertised). We will look to re-schedule these events when government advice allows us to do so, and hope that you will be able to join us at that time.

In the mean-time, if you are living with Dementia or caring from someone with Dementia, the Northern Fells Group are committed to helping in our community. Get in touch with your Village Agent for any help you require, and they will assist as much as possible.

[www.northernfellsgroup.org.uk](http://www.northernfellsgroup.org.uk)

# THANK YOU, THANK YOU, THANK YOU

We have had an amazing number of people offering to become volunteers over the past few weeks, who are available to help with shopping, collecting medications, walking a dog, or undertaking other tasks, which cannot be done by some people at the moment, because they are self-isolating. We have also been co-ordinating telephone calls from our volunteers, to older or more vulnerable members of our community, to have a chat and follow up any needs they may have.

It is fantastic to see this willingness to help others and we are very appreciative of all offers of help.

Due to the unpredictable nature of this emergency, when things are changing each week, if not each day, we have not yet used all of these wonderful volunteers. In part this is due to the fact that we are trying to use people who live as close to the person in need as possible.

We will keep everyone who has volunteered in mind for future assists, as the situation develops.

Keep checking those emails!

Simon Braithwaite

Northern Fells Group



Action through Community

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During the COVID 19 pandemic we have adopted new ways of working, to keep our patients and our staff as safe as possible.

Anyone with symptoms of COVID 19 should not come to the Caldbeck Surgery.

Instead contact the special helpline: [111 online coronavirus service](#)

If you need medical advice about anything other than COVID 19 please call the surgery and you will be given a telephone appointment or a face to face appointment with a doctor, if that is appropriate.

All prescriptions can be ordered as usual over the phone, or on line if you have set up to do it in that way.

STAY AT HOME      KEEP SAFE      PROTECT THE NHS

**Wigton Group Medical Practice**

**Tel: 016973 42254**

**NHS 111**

**When the surgery is closed, if you need urgent medical attention please dial 111 to access the out-of-hours service.**

## Bulletin bloopers

An editor's nightmare is the typo or "bloopers" that slips through proof reading.... These are actual misprints that have appeared in church bulletins in the Salisbury Diocese. Enjoy!

We are delighted to announce that the youth group has raised almost £500 for drug abuse.

-----

Correction: The following typo appeared in our last bulletin: 'Lunch will be gin at 12:15.'

Please correct to read '12 noon.'

-----

Any church member over 18 is welcome on our new lay ministry programme. It requires minimal training and time: just six weekly classes of about 200 hours each Tuesday night.

-----

The Seniors group will have a picnic on Saturday. Each person is asked to bring a friend, a vegetable, and a sweet, all in a covered dish.

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Remember the church jumble sale. We have a gents three-speed bicycle, also two ladies for sale, in good running order.

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|--|--|
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***PLEASE NOTE: copy deadline is 12th May for inclusion in June's magazine.***

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**Views expressed in this magazine are not necessarily those of the  
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NOW MAY THE GOD OF HOPE  
FILL YOU WITH ALL JOY AND  
PEACE IN BELIEVING,  
THAT YOU MAY  
ABOUND IN HOPE,  
IN THE POWER  
OF THE HOLY SPIRIT.  
ROMANS 15:13



As everyone will know all Church buildings have been closed, as part of the strategy to prevent the transmission of the Coronavirus, so we cannot meet together to worship in the normal way.

Let's take this opportunity in our lives, when most of us are less busy than usual, to spend more time in prayer and contemplation, either in our homes, gardens or perhaps on a daily walk.

We miss meeting together for worship, but we can all worship on our own, or by joining in virtual services if we wish, or by creating shared acts of worship by using social media.

On Easter Sunday we were called to praise God at 10am, by singing in our gardens, or from our windows. This could be a bit like the Thursday clap for keyworkers, becoming a regular event. Let's do it again, each Sunday at 10am. It is very moving to feel a part of a greater whole, and as Christians of whatever denomination we can join together in praising the Lord. Look out for Rev Eileen's suggestions for readings and hymns for each week, on the front page of the Warnell Parishes website.