

June 2020



St Kentigern's, Caldbeck



St Mary's, Sebergham



St Kentigern's, Castle Sowerby



Holy Trinity, Rosley



St Hilda's, Westward



St James's, Welton

Warnell Parishes

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CALDBECK - St Kentigern's

Churchwardens	Mr. A. Grieve, Mr R Brough	
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Treasurer	Mrs Carolyn Ashbridge	
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Churchwardens	Mrs E A Luck, Mr R F de Robeck	
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ROSLEY - Holy Trinity

Churchwardens	Mrs J Harper-Tarr, Mr J Atkinson	
Treasurer	Mrs A Burgess	
Secretary	Mrs C Scott	01228 712245

WESTWARD - St Hilda's

Churchwarden	Mrs Mary Little	016973 42668
Treasurer	Mrs Rebecca Brockbank	
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WELTON - St James's

Organist	Mrs L Gash	016974 76337
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A Reader Writes

There is no doubting that we are living through an extraordinary time. Over 30,000 people have died bringing grief and misery to families and communities. Sadness compounded by the usual funeral rites being severely curtailed. Services of all kinds have been disrupted and the economic outlook for countless people is uncertain or bleak. When will we arrive at whatever the new 'normal' is going to be?

There is a prayer that I use each Remembrance Sunday known as the 'Ravensbruch Prayer'. I shan't rehearse it here, readers may wish to google it, but it comes to my mind. It will have added meaning when we come to the Season of Remembrance starting with All Saints on 1st November. The prayer points us toward blessings and goodness that emerged out of unimaginable horror.

These things do not minimise or in any way trivialise crisis or pain. They are, however, things which I pray will continue. I have experienced a great feeling of being surrounded by friendly courtesy in the practice and management of 'social distancing' in supermarkets. There has been some friendly banter in the queues that have snaked around car parks. Lockdown continues to be a challenge and, where possible, staying at home remains a good idea. But for many it has threatened loneliness and brought confusion. We can be thankful that there are so many means of remote contact now available to us.

It is my great privilege to Chair the Northern Fells Group which continues to provide huge support, despite the temporary cessation of its gatherings and activities. The staff are all working differently but effectively. The number of volunteers who have come forward has been amazing; other organisations across the county have experienced this too. So many that there is frustration at their not being called upon. Let us count that itself as a blessing. In John Milton's Sonnet (When I consider how my light is spent) there are the immortal words, 'They also serve who only stand and wait'. This emergency is far from over. A spike in infections is anticipated in June.

As we begin to get a fresh sense of what is truly valuable I pray that the new normal will retain the things that have emerged to our benefit. Not least that we learn to value people for what they do; not what they are paid for doing it. 'Ye shall know them by their fruits'. (Matthew 7:16)

Every blessing and stay safe.

Geoff Hine



Lord Jesus Christ,
You taught us to love our neighbour,
And to care for those in need
As if we were caring for you.
In this time of anxiety, give us strength
To comfort the fearful, to tend the sick,
And to assure the isolated
Of our love and your love,
For your name's sake.
Amen

If you see someone
falling behind,
walk beside them.

If you see someone
being ignored,
find a way to
include them.

Always remind
people of their
worth. One small
act could mean the
world to them.

This PDF version of the magazine, accessible via the church website, has been created for the period when the printers are closed, during the COVID 19 outbreak. We intend re-suming normal service once the lock down is over and the printer re-opens.

Clearly the magazine is not as it usually is, full of events and reports, but we would like to continue being a source of information and interest to everyone in the community. Thank you to everyone who has helped to fill this issue with stories, poems and interesting articles

We would welcome contributions from anyone living in the Warnell Parishes area, that might amuse or inform our readers. If you would like to write something about how you are spending the lockdown period, or send in a puzzle, or illustration we could use (remember copyright!), then we will try and include as many items as possible in the next on-line edition. The magazine email is:
warnellmagazine@gmail.com

Thank you

Please note that the Northern Fells information starts on page 28



Our Mental Health is so vital for our well being and in the current situation of uncertainty, anxiety and for some, isolation, it is a challenge for many people to remain mentally healthy.

There are lots of places we can turn to for help and support, but it is not always easy to reach for help when we are experiencing mental health issues. Talking to someone about your problems would be a good thing to do, but in the present circumstances there may not be someone to hand with whom you wish to share your innermost thoughts. In that case a third party, who is available by phone and who is not part of your normal circle of friends or family, may be able to help.

To find someone who has some listening and counselling skills perhaps a good place to start would be to log into one of the websites, which can signpost you to find help and support. There are a lot of alternatives, but try:

www.mentalhealth.org.uk or www.mindincumbria.org.uk

Or for younger people:

<https://www.camhs-resources.co.uk/> or <http://www.youngminds.org.uk/> or
<http://www.camsden.com/> (for 7-10 year olds) or <https://www.kooth.com/>

Alternatively you may find it helpful to look at the resources produced by the Church of England, to guide people through a series of reflections, which aim to strengthen our mental health. To follow this link cut and paste:

www.churchofengland.org/sites/default/files/2020-3/10961•Mental%20Health%20Reflections_WEB.pdf

Remember that 1 in 4 of us will experience some mental health problem at some point in our lives, so it is not something to be ashamed of, nor is it something that you have to face alone. If you are experiencing low self esteem, grief, depression or high anxiety levels, please take a step towards better mental health by making contact with someone who can help you.



Food Bank

Thank you to everyone who has donated to the Food Bank over the last few years, by placing foodstuffs in the box in St. Kentigern's church at Caldbeck. These have been going to Carlisle Food Bank and have been greatly appreciated.

Under the current restrictions it is no longer possible to take foodstuffs to Carlisle but donations of foodstuffs may still be left in the box which is in the church porch. These will be taken to the Food Bank warehouse at Cockermouth, by someone local who volunteers there.

In these difficult times it is even more important that we help those in need.

If you would prefer to give money, this can be done by bank transfer. Please contact Susan Beale for details: susan.lowrow@gmail.com or tel. 016974-78353

Many thanks for your support.

Through the Window.

The word I have heard most used about these current times is:
STRANGE.

These are strange times. How are you coping in these strange weeks?
I looked up the word 'strange' in my dictionary and find it is rooted
in the Latin 'EXTRANEUS', which means 'external.'

I suppose these Covid 19 weeks are external to, or beyond anything any
of us have known before,
apart from the ghastly Foot & Mouth outbreak in 2001.

Then I thought: God is both external and internal. He is not in Lock-
Down, is he?

I was looking out of the window one night not long ago, when the moon
was so close to Earth you could almost touch it.

In the fields beyond the hedge, grazed 3 sheep. In the skies above the
sheep shone 3 stars.

An early blackbird called, as dawn wasn't far away, then
another, and another, three birds welcoming the day.

I thought about the day ahead, isolated and to be spent very much within
our house and garden, but the sheep, the stars, and the birds,
all 3, spoke of Trinity.

God within us. God outside us. God everywhere. and into my mind came
the words of Julian of Norwich:

***All will be well, and all will be well, and all manner of
things will be well.***

J de R.
16.05.20

CALDBECK MULTI PURPOSE TENNIS COURT ASSOCIATION

MARDALE, UPTON, CALDBECK, WIGTON, CA7 8EU

Telephone: 016974 78220

Email: aw.caldbeck@gmail.com

The Annual General Meeting of the Caldbeck Multi- Purpose Tennis Court Association will be held on Tuesday 9th June 2020 at 7:30 pm by Zoom.

All persons aged 16 yrs and over, resident in the parishes of Caldbeck, Sebergham/Welton, Castle Sowerby, Mungrisdale and Westward/Rosley are welcome to take part in the AGM.

Due to the present Covid 19 restrictions the meeting will be a virtual meeting using Zoom. Anyone with access to the web can download Zoom for free and join the meeting. Anyone wishing to join the meeting please contact Antoinette Ward on aw.caldbeck@gmail.com and I will send you a link to the meeting.

To download Zoom on your computer visit the Zoom website: <https://zoom.us/>

For any queries or further information please telephone Antoinette Ward 016974 78220, or email aw.caldbeck@gmail.com

On the following page is a maze puzzle. At the bottom of the page the text is a bit blurred. In case you cannot make it out it says:

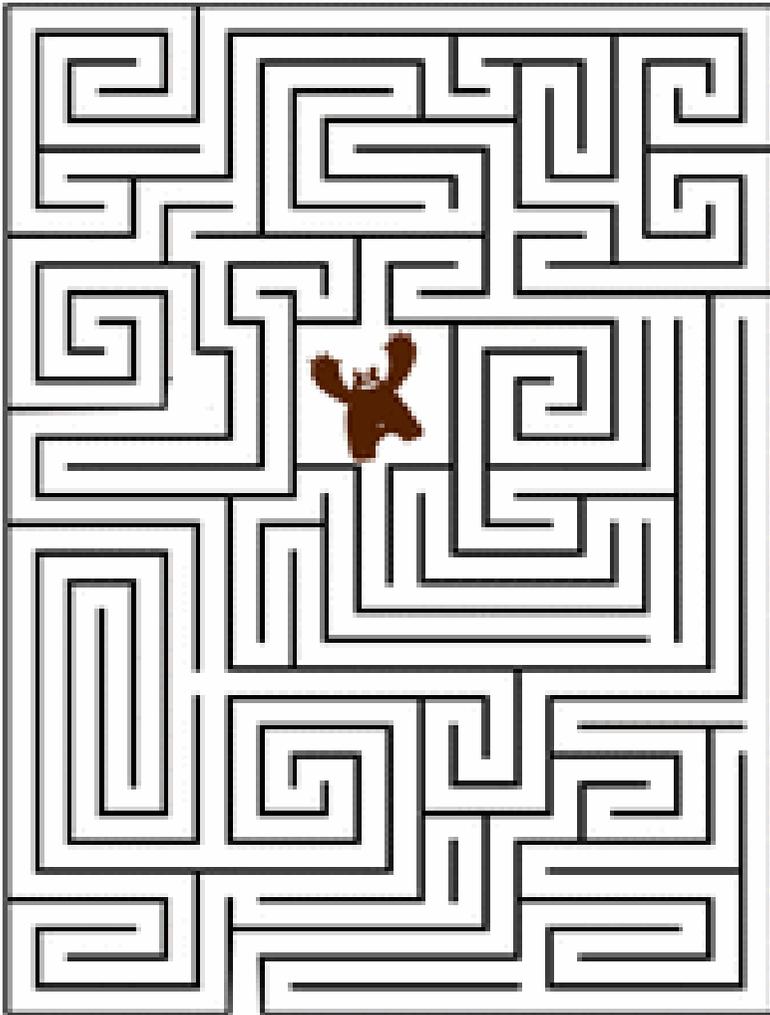
Help! Eddie has been inside too long. He has become a little monster,

Can you show him the way outside to where his friends are waiting?

Acknowledgement:



Monster in the house!



Help! Eddie has been inside too long. He has become a little monster.
Can you show him the way outside to where his friends are waiting?

CALDBECK PARISH COUNCIL NEWS

Coronavirus restrictions and the prohibition on public meetings unsurprisingly continue to impact on the Parish Council. Many activities and projects are experiencing delays, with staff in local government and the National Park busy with coronavirus priorities or furloughed. Projects delayed include: the purchase of National Park land, including the village car parks; transfer of the public toilets which are currently shut; and appointing a lengthsman. It is good to report that **garden waste collection services were resumed in May**.

The **Parish Council has progressed its business through 'virtual' meetings** using Zoom and met informally on two occasions.

Notices for visitors to the Parish had been displayed which attracted some comment from parishioners and on 24 April the Parish Council was pleased to discuss the notice with Peter McCall, Police and Crime Commissioner. A revised notice was agreed with all parties which reflected the 'stay home' restrictions at the start of lockdown and the Police's approach to encouraging compliance with guidance. The Government's 'stay alert' revisions allow unlimited exercise and unrestricted car journeys to access the countryside, including for exercise. The National Park and Cumbria Police have raised concerns about the risks of increased visitor numbers at a time when Cumbria has high levels of coronavirus. The Parish Council has removed the notices as they are no longer correct in light of the Government's revised guidance issued on 11 May. At the time of writing the Parish Council has made no decision on whether to post new notices and is monitoring the actions the National Park is taking.

On 11 May the Parish Council discussed a **planning application for Burkley Cottage** with the National Park. The response date was before the next Parish Council meeting. The Parish Council supported the renovations to the Barn but was keen to see what might be done to ensure the Barn remained an integral part of the property and that any change of use in the future would be subject to a new planning application, for example a holiday let or as an independent residential unit. The Parish Council wanted to ensure that there was no re-occurrence of what has happened at John Peel Cottage and Barn.

The Parish Council has also used Zoom to discuss legal advice from Counsel on the merits of the **Caldbeck - Hesket Newmarket footpath** and how it might be progressed. Discussions are taking place with Allerdale Borough Council.

In publishing an on-line Parish Magazine, timetables are a little more flexible and so we can include news of the virtual **Annual Parish Meetings** held via Zoom on 18 May. Fifteen people joined the meetings, including David Ward, Mike Johnson, our County Councillor and Acting Leader of Allerdale Borough Council, Tony Annison, our Allerdale Councillor, and Geoff Davies, our National Park Member, together with Rachael Kelly, the Parish Clerk from Above Derwent. Geoff is also an Above Derwent Parish Councillor and Above Derwent is wanting to hold virtual meetings.

At the Annual Parish Meeting, Tim Cartmell gave his **Chairman's Report**. Tim highlighted the Parish Consultation undertaken in December last year and the continuing support for the footpath between Hesket Newmarket and Caldbeck. The Parish Council has received an encouraging Opinion from Counsel and is discussing how progress might be made to establish the footpath with Allerdale. The purchase of National Park land including the various car parks has been delayed following the Coronavirus pandemic. With staff returning to work we are hoping to move things forward. The really good news is that we have been offered an anonymous private donation to fund the purchase costs. The Parish Council continues to work on other projects - street lighting, the Caldbeck Public Toilets, affordable housing, lobbying for Highways repairs and investment, and commenting on planning applications. Tim's full report is on the website:

<http://www.caldbeck.org.uk/wp-content/uploads/Chairmans-Annual-Report-2020.pdf>

The Clerk reported on the **Parish Council's finances**. Receipts were some £5,000 in excess of payments, in large part because a grant from Allerdale had been received for affordable housing but had not yet been drawn down. Also there had been little call on contingencies, given the mild winter. Balances at the end of the year had increased to £128,300, £98,200 being for the footpath. The Parish Council had earmarked reserves for the affordable housing project, potential legal costs in relation to the footpath and National Park land purchase, and a grant to Northern Fells to help support the Coronavirus related extra work. These earmarked reserves had already been drawn down in the first weeks of the new financial year. The reserves provide the funds for a number of significant projects and when projects are concluded, reserves would be in line with the requirements of similarly sized parish councils.

(see over page for continuation of AGM report)

The **Annual Meeting of the Parish Council** followed. **Tim Cartmell and Paul Doherty were reappointed Chairman and Vice Chairman** respectively. Following the Government's easing of some lockdown restrictions, the Parish Council had posted **revised Notices** at car parks, highlighting Coronavirus concerns and asking visitors to consider walking from home or as locally as possible. When visiting Caldbeck and Hesket Newmarket people are asked to be mindful of the community's Coronavirus concerns and to follow local Police guidance to respect local communities and risk, whilst observing Government rules. A number of activities have been delayed because of Coronavirus and the Parish Council was looking to progress work as business recommenced. The Parish Council was very impressed and humbled by the efforts being made by so many people to look after those more vulnerable and believed the community was demonstrating real strength. It would organise a Parish party when the time was right.

For further information, please contact Simon Smith:
Email: caldbeckparishclerk@gmail.com. Telephone: 016973 71008
Website: <http://www.caldbeck.org.uk/parish-council/>



Takeaways available from The Old Crown, Hesket Newmarket.

We are serving takeaway meals on Friday and Saturday from 5.45 -7.30pm.

Steak & Ale Pie, Chips & Veg
Wholetail Scampi, Chips & Veg
Cumberland Sausage with Onion Gravy, Chips & Veg
Chicken Curry
Vegetarian option available
Cost of each meal £7.00

Please call pub on 016974 78288 to place your order, preferably the day before.

In praise of dad jokes and divine humour by Laura Kelly Fanucci

My husband is down in the kitchen, cooking eggs for our four boys. From upstairs, I hear him serve up a little extra on the side: a classic dad joke about “makin’ bacon.” As I smirk to myself, I can practically hear our sons roll their eyes. But having been raised by a dad who puns with the best of them, my hunch is that they’re also secretly smiling. Dad jokes are goofy and lovable. A genre all their own.

The man I married didn’t used to crack corny jokes. One of the charms that won me to him right away was his razor-sharp wit. At our wedding, the best man described watching the two of us at dinner, volleying quips back and forth “with that bizarre sense of humour they share.” We like our sarcasm dry. But as he has grown into fatherhood, his cheesy dad jokes have grown alongside him. Now I find myself groaning with the kids as he delights in his newfound comedy. Where on earth is he getting this stuff? Does he swap jokes with fellow dads? Did the nurses at the hospital pass out some manual I missed?

Years ago, while meditating on the mystery of God, I was delighted by a surprising idea: God must have the best sense of humour. Not only in the cutesy way we describe our plans in relation to God’s providence — “God must have a great sense of humour; look at how this turned out!” Not just in the childish assigning of quirky parts of creation (like the platypus) to a chuckling Creator. But as centuries of theologians and philosophers have claimed that God is by definition the perfection of any positive characteristic we can conjure — all-merciful, all-loving, all-knowing — then by extension, couldn’t we conceive that God’s sense of humour would be the greatest, beyond all imagining?

Think about the power and possibility of pure humour. Not snarky asides or cruel jokes at another’s expense, but the delight of sharing true laughter over a hilarious joke or a well-placed pun. Most of us love to be in the company of someone with a great sense of humour: a clever observer of human behaviour or a warm personality who draws people together with funny stories and fresh laughter. What might have made Jesus laugh, fully human as He was, sharing in our delight? What parts of creation might have made God laugh out loud, chuckling with sheer pleasure?

The Psalms describe how “the one enthroned in heaven laughs” (Psalm 2:4) — sometimes at human folly, but also because humour must be a divine attribute. Just as our compassion, kindness and forgiveness can aspire to reflect God’s nature — as we ourselves are “*imago Dei*,” made in the image and likeness of God — could our sense of humour hope to embody God’s loving laughter, too?

My husband’s goofy dad jokes are more than sheer silliness. At their heart, his puns are one of the many small ways he shows love to his children. To invite them into delight. To build a home where laughter is welcomed. To form them into men who bring wit and wisdom into a world that needs more of both. To model fatherhood that is caring and compassionate, slow to anger and quick to smile.

This Father’s Day, let us sing the praises of dad jokes. Let us give thanks for a God of love and laughter. And let us never forget the power of humour to make us more human, as we reflect the divine.

Fanucci is a mother, writer and director of a project on vocations at the Collegeville Institute in Collegeville, Minn. She is the author of several books and blogs at www.motheringspirit.com.



Love is

Love is patient and kind;
love does not envy or boast;
it is not arrogant or rude.

It does not insist on its own way;
it is not irritable or resentful;
it does not rejoice at wrongdoing,
but rejoices with the truth.

Love bears all things,
believes all things,
hopes all things,
endures all things.



I Corinthians 13:4-7
ESV



It is with great regret that Caldbeck & Hesket New Market Sheepdog Trials Committee has to announce the cancellation of our 2020 Trials.

Sadly, due the Covid 19 Virus, we cannot go ahead with this event. It would be very difficult to adhere to all the restrictions which would have to be put in place to enable everyone to stay safe, so in the best interest of everybody and our local community we feel it only right to cancel.

We would like to thank everyone very much for their continued support and we look forward to welcoming you all back next year for our 2021 Trials.

Take care & stay safe everybody.

For all the saints.....

We will be looking at the lives of two of our saints in the benefice this month and will follow up next month with the other two, to whom churches are dedicated in the area.

St Hilda

Hilda of Whitby or Hild of Whitby (c. 614–680) was brought up in the royal household of her uncle Edwin, King of Deira, and after the death of her father and then her mother, she became the daughter of Edwin and his second wife, Æthelburh, a Christian princess from Kent. By 620 Edwin had taken over the Kingdom of Northumbria and he took the throne. When Hilda was 13 her father and all his Court were baptized into the Christian church, on a site in York close to the present York Minster.

King Edwin was killed in battle when the King of Mercia fought him in battle, at which point Hilda and her mother, together with the rest of the family, went to live in Kent, where her mother founded a convent at Lyminge. It is assumed that Hilda remained with the Queen-Abbess in Kent until at the age of 33 she decided to answer the call of Bishop Aidan of Lindisfarne and returned to Northumbria to live as a nun. She later set up a convent, on the north bank of the river Wear. Here with a few companions, she learned the traditions of Celtic monasticism, which Bishop Aidan brought from Iona. After a year Aidan appointed Hilda as the second Abbess of Hartlepool Abbey. No trace remains of this abbey, but its monastic cemetery has been found near the present St Hilda's Church, Hartlepool.

In 657 Hilda became the founding abbess of Whitby Abbey, then known as *Streoneshalh*; she remained there until her death. Archaeological evidence shows that her monastery was in the Celtic style, with its members living in small houses, each for two or three people. The tradition in double monasteries, such as Hartlepool and Whitby, was that men and women lived separately but worshipped together in church. The exact location and size of the church associated with this monastery is unknown.

Bede states that the original ideals of monasticism were maintained strictly in Hilda's abbey. All property and goods were held in common; Christian virtues were exercised, especially peace and charity. Everyone had to study the Bible and do good works.

Bede describes Hilda as a woman of great energy, who was a skilled administrator and teacher. As a landowner she had many in her employ to care for sheep and cattle, farming, and woodcutting. She gained such a reputation for wisdom that kings and princes sought her advice. However, she also had a concern for ordinary folk such as Cædmon. He was a herder at the monastery, who was inspired in a dream to sing verses in praise of God. Hilda recognized his gift and encouraged him to develop it. Bede writes, "All who knew her called her mother because of her outstanding devotion and grace"

St Kentigern

Kentigern, also known as Mungo, was born in 518 AD, in Fife. He was brought up by Saint Serf who was ministering to the Picts in that area. It was Serf who gave him his popular pet-name. At the age of twenty-five, Mungo began his missionary labours on the Clyde, on the site of modern Glasgow.

He built his first church across the water from an extinct volcano, next to the Molendinar Burn, where the present medieval cathedral now stands. For some thirteen years, he laboured in the district, living a most austere life in a small cell and making many converts by his holy example and his preaching. Mungo was one of the first evangelists in Strathclyde and probably became the first bishop of Glasgow.



He is said to have performed several miracles in his lifetime, including those depicted by the robin, bell and fish with a ring in its mouth, that are shown in Glasgow's coat of arms. They are also recorded in the rhyme:

Here is the bird that never flew
Here is the tree that never grew
Here is the bell that never rang
Here is the fish that never swam

Mungo also spent time travelling around Cumbria, preaching and performing miracles. This is why several churches in this area of north Cumbria commemorate him, including of course our Caldbeck and Castle Sowerby churches.

He returned to Glasgow, where he eventually died. He was buried on the site where Glasgow cathedral now stands. It is also known as St Kentigern's.

Sebergham Weather Recordings
April 2020.



Rainfall.

<u>April 2020</u>	006.00 mm (00.24 ins)
Aggregate for year.	509.10 mm (20.05 ins)

<u>April 2019</u>	049.80 mm (01.96 ins)
Aggregate for year.	340.40 mm (13.40 ins)

Notes.

Our **10 year average** rainfall for the month of April is **050.29 mm (01.98 ins)** and as you can see from above April was such a dry month we are well below our average for the month. Our **wettest** April over the last twenty years was in **2005** recording: **091.10mm (03.59 ins)**. Our **driest** April over the last twenty years is now April this year, and previously was in April **2007** recording **021.20 mm (0.83 ins)** and before that was in April 2005 we recorded **23.20 mm (0.92 ins)** Our rain **high day** for April was Wednesday 29th recording **02.90 mm (0.14 ins)**. We recorded rainfall on only **3 days** in the month. After the wettest February ever recorded, then average rainfall in March, we now have had April this year, which has been the driest month we have recorded. Looking back through the records it was the driest month, of any month, over 50 years! We have never recorded a month with no precipitation. However, April is normally our driest month of the year.

April temperatures 2020.

Average maximum day temperature	14.80°c (58.64°f)
Average minimum night temperature	03.74°c (38.73°f)
Warmest day Friday 24 th April.	22.10°c (71.78°f)
Coldest night Tuesday 14 th April	- 02.00°c (28.40°f)



April temperatures 2019.

Average maximum day temperature	14.29°c (57.72°f)
Average minimum night temperature	03.16°c (37.69°f)
Warmest day Friday 19 th April	23.20°c (73.94°f)
Coollest night Saturday 13 th April	- 03.10°c (26.42°f)

Notes.

Overall April was a relatively warm month, not too dissimilar to April last year, and we only recorded 3 days of slight frost to give us 33 days over the winter when frost was recorded since last October. Our April **daytime** temperature this year, see above, was above our ten year average for the month of **12.48°C (54.46°F)** and our **night time** April temperature (see above) was similar to our ten year average for the month of **03.64°C (38.56°F)**. Our coolest April over the last 10 years was in **2015** recording the month's night time temperature at an average of **01.92°C (35.46°F)** By contrast our warmest April over the last 10 years was in 2011 recording the month's average day temperature at **16.11°C (61.00°F)**. We recorded no thunder. Between the 1st and 30th April our hours of sunshine have been 45% above the average for the month which has been the result of the persistent high-pressure systems over, or close to, the U.K.

Wind.

April was a quiet month of low wind strength. Our monthly average wind speed for March was 1.5 mph. The dominant wind direction for the month was from the **ESE**. similar to the previous two months.

Eggs available!

Trays of eggs can be bought from June Kitchen,
Clea Green, Westward.

Eggs will be available in the shed on the
lonning, and there is a honesty box, so you do
not need to come into contact with anyone.

Thank you!

Name that Bridge!

Can you identify each of the following bridges in the Warnell parishes area?

Answers are on page 27

1



2



3



4



5





**Rare butterfly in Sebergham...
..... can you help?**

In the early 1900's Sebergham had a nationally important rare butterfly site. The very prominent entomologists C.B. Ford and his son E. B. Ford recorded that the most significant colonies of a rare butterfly, the Marsh Fritillary, were at Sebergham and Orton Moss in Cumberland. Both became extinct many decades ago for reasons I'm aware of but I think I've traced the exact location of where the Orton Moss colony was. I have a hunch where the Sebergham colony was, but I'd like to know if anyone has information perhaps passed down through a local family.

I'm a Cumbrian lad and my interest is that this butterfly species became the most endangered in the whole of the UK after WW2, due mainly to habitat changes. Cumberland was one of the last counties where it became extinct and that was in 2004 (having had over 100 colonies in the late 1940's). Since then I have worked tirelessly to reintroduce the species to Cumberland, despite such a feat never having been done successfully anywhere else. As of today we now have over 20 colonies active and mostly thriving - we got it right in Cumbria! It is so rare it is a fully legally protected species, so all my voluntary work has been, and still is, done under licence from Natural England.

My aim was to have it back in its old geographical range but the nearest suitable habitat I could find near here (wet/damp pasture with lots of Devils Bit Scabious) was near Skelton and Ivegill so that's where two of our present day colonies are. I searched Sebergham almost inch by inch

for years but found nothing suitable now but I think the vast colony might have been beside Sebergham bridge and leading towards Caldbeck alongside the river. The bridge itself was built in the mid 1920's.

Do you know, or have any idea who might know, where exactly that historical and prolific Sebergham colony was? For such a rare butterfly to have had Sebergham as the centre of its universe is something we in Cumbria need to be proud of. Although the original location is unlikely to be suitable now, if anyone with such historical information could let me know I would be immensely grateful, because history is important to record even if the exact location is now no longer suitable, as I imagine is the case. It is not information I will make public and I don't make the present day colonies public knowledge either, but nevertheless it's historical information I would like to confidentially record.

If there is a demand locally I will happily give an illustrated talk on this subject. It would be wonderful to find the missing piece of information for this long-standing question.

Hope you can help, regards to all,

Steve Doyle
Butterfly Conservation Cumbria
Marsh Fritillary Project Leader.

stevedoyle44@hotmail.co.uk



Carlisle Cathedral was bathed in blue in May, in support of our county's key workers and the NHS. The ancient building's north and east faces were transformed from 8pm to 11pm with special messages of support projected onto the façades and roof.

It came as tens of thousands of people across Cumbria continued to take to their doorsteps to clap for carers as part of the weekly tribute to key workers.

The Canon Warden at Carlisle Cathedral, the Rev Canon Jan Kearnton, said: "The Cathedral Chapter was very grateful to two local events companies for their generous offer to bathe the building in blue. The end result was stunning and represented a wonderful tribute to all our key workers.

"Currently the Cathedral and its precinct are closed to save lives and protect the NHS, but the Cathedral's concern for our city and county continues in twice-daily prayer offered at home, and pastoral care for the sick, our congregation members and our staff.

"And this offered a further opportunity to say thank you for all that NHS and key workers are doing to heal and to support so many at this difficult time."

The installation included a moving heart beat monitor which was projected onto the Cathedral's roof, alongside the messages 'Thanks NHS' and '#MakeItBlue'.

While, social distancing restrictions meant the event could not be promoted beforehand, pictures and film of the projection have since been shared on social media.

Some more typos from church bulletins & magazines to make you smile.....

An announcement in a church bulletin for a National Prayer & Fasting Conference: "The cost for attending the Fasting & Prayer conference includes meals."

The Rector will preach his farewell message after which the choir will sing "Break Forth into Joy."

The audience is asked to remain seated until the end of the recession.

The third verse of Blessed Assurance will be sung without musical accomplishment.

When parking on the north side of the church, please remember to park on an angel.

Answers to Bridge photos:

1. Haltcliffe Bridge
2. Sebergham bridge
3. Hesketh New Market bridge
4. New Bell bridge
5. Whelpo bridge

Northern Fells Group Information

NFG CONTACTS

www.northernfellsgroup.org.uk

NFG Millhouse office, Diane Barraclough:

016974 78094

MINIBUS (for those without their own transport)

Carol+Antoinette: 016974 78787

LEND A HAND Simon: 016974 77196

MEDICAL LOAN Simon: 016974 77196

BENEFITS HELP

Dianne Bowes: 07564 368011

CARLISLE BUS Helen: 016974 78556

Northern Fells Group



Action through Community

Contacts for Village Agents

Mungrisdale & Castle Sowerby—Philippa Groves 016974 78555

philippa.groves@northernfellsgroup.org.uk

Westward & Rosley—Barbara Stoddart 016973 42452

barbara.stoddart@northernfellsgroup.org.uk

Caldbeck, Sebergham & Welton—Helen Sturges 016974 78556

helen.sturges@northernfellsgroup.org.uk

Ireby, Uldale & Boltons—Gillian Skillicorn 07874 241604

gillian.skillicorn@northernfellsgroup.org.uk



Services in response to Covid-19 offered by Northern Fells Group

As you will be aware, all of our “social” activities, including Men in Sheds, have been postponed until the situation changes. The Northern Fells Group however, launched its response to Covid-19 on March 16th with a recruitment drive for local younger volunteers and an active invitation for the community to contact us for help and assistance.

The number of volunteers has steadily risen since then, with 137 new volunteers signing up for Lend a Hand assists, in addition to the 34 already registered, making a total of 171 individuals who can offer assistance to older vulnerable people - many of whom we are already working with - and to families self-isolating. Many thanks and welcome to our new volunteers!

Simon is currently co-ordinating volunteering activities, along with the Village Agents in the area offering:

- Picking up shopping
- Posting mail
- Collecting prescriptions or medicines
- Delivering locally cooked take-out meals
- Dog walking
- Support on delivering takeout meals or shopping for local small businesses

The Village Agents are also co-ordinating a “Phone a Friend” telephone tree, ensuring that our most vulnerable community residents receive a phone call every 3 days to check that they are OK. This is working very successfully.

We are continuing to issue information bulletins every 3 days to our users through our email network and on our website: www.northernfellsgroup.org.uk, (and in hard copy if requested) - providing information about

- Local services e.g. which pubs and cafes can deliver takeout meals or whether the shops are doing order and delivery
- Up to date Public Health and County Council information about the virus
- Information about other NFG services including benefits support and transport
- Activities to do at home to stay healthy and be creative!

If you require information or support please contact your Village Agent or Simon at

simon.braithwaite@northernfellsgroup.org.uk or on 016974 77196



IMPORTANT INFORMATION FROM OUR NORTHERN FELLS GROUP BENEFITS ADVISOR

Our NFG Benefits Advisor Dianne Bowes is still taking referrals for anyone who might be eligible for Attendance Allowance, Blue Badge, Employment Support Allowance, Personal Independence Payment, etc.

This is for anyone who thinks they may be entitled to financial help due to their low income or poor health, she can still talk to clients on the phone and see what benefits they might be open to.

Although restricted, she can send to the Department of Work and Pensions for the relevant forms, or give advice about applying online or by phone. If we get the forms sent, it puts us ready to go when the Lock-down is lifted and she can come back out.

Attendance Allowance: Not means tested, it is paid if people are struggling to do everyday tasks at home (e.g. washing, dressing, walking indoors, stairs, getting in and out of bed, taking medication) due to their mental or physical health issues. It looks at how you manage compared to someone of your own age who does not have any health problems.

It is paid even if you have no carers or other support for these things and the money can be spent on anything you choose - window cleaner, taxi, cleaner, gardener - how you spend the money is up to you and not monitored by anyone. It is currently £59.70 or £89.15 each week, depending how restricted you are by your health conditions.

The form is lengthy but straightforward and she can support with completing it - the decision usually comes in 10-12 weeks, with back pay if eligible.

It is useful extra money that the Government have put aside especially for if people need to pay for help around the house, or to cover extra heating bills and is useful to the local economy too as it can pay for local tradesmen like gardeners and domestic help, so you are doing your bit for the Community by claiming if you need it!

Please give her a call if you or someone you know might benefit from this. All conversations are strictly confidential.

Benefits advisor: Dianne Bowes 07752 457513

benefits@northernfellsgroup.org.uk

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Instead contact the special helpline: [111 online coronavirus service](#)

If you need medical advice about anything other than COVID 19 please call the surgery and you will be given a telephone appointment or a face to face appointment with a doctor, if that is appropriate.

All prescriptions can be ordered as usual over the phone, or on line if you have set up to do it in that way.

STAY ALERT KEEP SAFE PROTECT THE NHS

Wigton Group Medical Practice

Tel: 016973 42254

NHS 111

When the surgery is closed, if you need urgent medical attention please dial 111 to access the out-of-hours service.

A word search for you to do on Fathers' day perhaps



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All e-mails to be sent to: warnellmagazine@gmail.com

Any hand-written contributions should be left in the marked box at the back of Caldbeck Church.

PLEASE NOTE: copy deadline is 12th June for inclusion in July's magazine.

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Caldbeck: Mrs Sue Braithwaite 016974 78504

Sebergham:

Castle Sowerby:

Rosley and Welton: Mrs Lynda Huckell 016973 42253

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**Views expressed in this magazine are not necessarily those of the
Warnell Churches**

warnellparishes.org.uk

This is our new website!

If you are reading this on line then you have already logged onto the site, which is great.

New items will be added to the site each Saturday, and if you have anything which you feel would be appropriate content then please contact Rev Eileen to suggest it.

It is not intended to replace the Parish magazine, as we appreciate that not everyone is able to access the internet. However, it is another way to communicate with all our parishes, so please help to spread the word that the Warnell group of churches now has its own web page.

Thank you



FOR EVERYTHING

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XX
AND A TIME

XX
FOR EVERY PURPOSE

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UNDER HEAVEN.

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ECCLESIASTES 3:1

